



Objective

To have fun, get active and develop those all important
FUNDamental Movement Skills

FUNDA Active Story

FUNDA's Trip To The Zoo

Warm Up



Coach Kieran will us his FUNDA Active Story Book. He will go through the online video version.



Can your child remember and write down as many of the animals in the story, I'll give you a clue, there is 8 different animals.



Once we have been through the video version we will go back through the story and learn/practice the FUNDamental movement skills from the story, e.g. jumping, hopping & balancing.

How Many Animals

Doing & Guessing Game

Main Activity



Ask your child to think up as many animals as they can that live in the zoo in 1 minute. Your child isn't allowed to tell you their animals.



You as the adult have to guess from your child's movements and gestures, such as hops, skips, jumps, runs etc.



If you guess correctly you get a point for each, then the role is reversed so your child has to guess your animals as many as they can in 1 minute and your child wins a point for each one they get correct.

Easier

Differentiation

Harder



More time allowed



Less time allowed



Write down animals whilst watching the story



Watch the story with no volume second time



[Can you demonstrate movements for your child. CLICK HERE](#)



Have less zones/smaller/knock items over etc

Teaching Points



[CLICK HERE FOR PDF FUNDA'S Trip To The Zoo](#)



[CLICK HERE To View FUNDamental Movement Skill Cards](#)



Can your child perform movements together in sequence, one after the other.



Use your Breathing Exercise Cards ([CLICK HERE](#))



Follow the videos of Educator Iake ([CLICK HERE](#))

ELEPHANT BREATHING



Stand with your feet wide apart and your arms dangling in front of your body like an elephant's trunk. As you breathe in deeply through your nose, raise your arms up high above your head. Then slowly swing your arms down again as you breathe out through your mouth.



Notes

Plenary



What animals were in the story?



What moves/actions did each do?



What tips did you use to remember the animals?



What did you like the best?



Resources

Cut Out & Prepare Your Tiger Mask Ready For The Story.



Cut along the dotted lines