



## Reception Class at Home Slack Community Primary School is Hygge Accredited.

We introduced the Hygge approach into Reception Class in September 2021 and we all felt the benefits instantly.

Hygge is about sharing and enjoying small moments together, every day. It is about slowing down, being together and building relationships.

At Holme Slack we believe in all the benefits that a Hygge environment brings. We have used the Hygge approach to create an Early Years environment that captures the feeling of cosiness, warmth and togetherness for all who enter into it.





Our class is a calm space filled with cosy nooks, soft lights, warm textures and interesting objects to encourage curiosity and discussion. We bring nature inside and connect with nature outside daily. We also visit Forest School weekly.

We believe that wellbeing is key to our provision and our children are comfortable to have fun, explore or just snuggle down when they want to. The children can change into their slippers inside the classroom for comfort. We believe the children should

experience happiness and other emotions in an 'emotionally safe' and nurturing environment and our Hygge inspired environment promotes a sense of emotional wellbeing.





We choose activities such as toasting marshmallows around the firepit to make us feel peaceful, cosy and connected with others. All of our activities are created using natural resources such as wood, stones, pinecones and homemade scented playdough. It allows children to connect with nature and all things than are natural.



The benefits of Hygge reaches right across our physical, emotional and social health. This approach, based on togetherness, fits perfectly with our child led ethos and in the moment planning. On a daily basis, we plan with the children's interests in mind

as we recognise that if they are engaged with a theme, event of something they have seen, then they will learn so much better.





We have a real sense of community in our school and we enjoy spending time together, giving our children's early education a family feel. We embrace Hygge all year round, going for walks in nature, taking time to talk during preparing and eating snack and making memories every day.





We start everyday with breakfast together, a lovely social experience. It is all about the atmosphere. We have indeed created something truly magical!

The EYFS Team